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# URBAN FOOD SYSTEMS SYMPOSIUM

*Nourishing Cities in a Changing Climate*



## **Karen Washington Invited Speaker**

Karen is a farmer and activist. She is Co-owner/Farmer at Rise & Root Farm in Chester New York. An activist, food advocate; in 2010, Co-Founded Black Urban Growers (BUGS) an organization supporting growers in both urban and rural settings.

In 2012, Ebony magazine voted her one of their 100 most influential African Americans in the country and in 2014 was the recipient of the James Beard Leadership Award. Karen serves on the boards of the New York Botanical Gardens, Soul Fire Farm, the Mary Mitchell Center, Black Farmer Fund, and Farm School NYC.

Click [here](#) to learn more about Karen!